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1. The term 'health' is defined in many ways. The most accurate definition of the health would be,

A. Health is the state of body and mind in a balanced condition

B. Health is the reflection of a smiling face

C. Health is a state of complete physical, mental and social well-being

D. Health is the symbol of economic prosperity

2. When can we say that we are not healthy?

A. When we are able to cope well with the social pressure

B. When we have a positive outlook towards life

C. When we feel good physically

D. When we constantly suffer from headaches due to a stressful life

3. _____ is a disorder or bad functioning (malfunction of mind or body) which leads to departure of good health

A. Disease

B. Physical disease

C. Health

D. Infectious disease

4. Which one of the following diseases is a communicable?

A. Rickets

B. Cholera

C. Diabetes

D. Scurvy

5. Congenital diseases are

- A. Diseases present after birth
- B. Diseases that spread from one individual to another
- C. Diseases that occur during life time

D. Disease present at birth

6. Disease of the heart, joints and nervous system are called

A. Communicable diseases

B. Degenerative diseases

C. Deficiency diseases

D. Mental diseases

7. Diseases are broadly grouped into infectious and non-infectious diseases. In the list given below, identify the infectious diseases

- i. Cholera
- ii. Sickle cell anemia
- iii. Tuberculosis
- iv. Cancer

A. i and ii

B. i and iii

C. ii and iv

D. iv and iii

8. Hemophilia disease can be transferred through _____

- A. Vector
- B. Pollutant
- C. Heredity**
- D. Vehicle

9. A sexually transmitted bacterial disease is

- A. AIDS
- B. Hepatitis
- C. Syphilis**
- D. Cholera

10. A bacterial disease is

- A. Polio
- B. Influenza
- C. Tuberculosis**
- D. Malaria