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1. To which of the following disease HIV virus leads to?

- a) Cancer
- b) Brain tumour
- c) AIDS
- d) Hepatitis

View Answer

Answer: c

Explanation: HIV is the virus that leads to AIDS. People can have HIV for years without having AIDS. Being infected with HIV does not mean suffering from AIDS. People with HIV who start treatment early in their infection, stay on treatment can prevent the disease from progressing to AIDS.

2. What is the full form of HIV?

- a) Human immunodeficiency virus
- b) Human immunodeficiency vessels
- c) Health interexchange virus
- d) Health immunodeficiency virus

View Answer

Answer: a

Explanation: HIV stands for Human immunodeficiency virus. HIV is a virus spread through certain fluids in body that attacks the body's immune system. If HIV is left untreated, it damaged the immune system over certain period.

3. Which cells are destroyed by HIV?

- a) A- helper cells
- b) K-helper cells
- c) T-helper cells
- d) Y-helper cells

View Answer

Answer: c

Explanation: HIV attacks the immune system, specially the CD4 cells, often called T-helper cells and makes copies inside these cells. As HIV destroys more CD4 cells and makes more copies of itself, it gradually breaks down a person's immune system.

4. Which is the second most common way of spreading HIV?

- a) Sexual intercourse with HIV infected
- b) Sharing needles
- c) Sharing food
- d) From infected mother to child

View Answer

Answer: b

Explanation: Sharing needles is the second most common way that HIV is spreading. Sexual intercourse with HIV infected is the most common way of HIV spreading. Any person who shares needles with someone who is HIV positive is at risk for HIV.

5. What is the full form of AIDS?

- a) Acquired immunodeficiency syndrome

- b) Acquired immunodeficiency syndrome
- c) Acquired immunodeficiency symptoms
- d) Accepted immunodeficiency symptoms

View Answer

Answer: a

Explanation: AIDS stands for Acquired immunodeficiency syndrome. AIDS is the most severe phase of HIV infection. People with Aids have such badly damaged immune systems. That immune system gets an increase number of severe illness.

6. HIV is spread by mosquitoes.

- a) True
- b) False

View Answer

7. How many stages are there in HIV infection?

- a) One
- b) Two
- c) Three
- d) Four

View Answer

Answer: c

Explanation: There are three stages of HIV infection those are, a) acute HIV infection, b) clinical latency, and c) acquired immunodeficiency syndrome (AIDS). People living with HIV may progress through these stages at different rates, depending on a variety of factors including their genetic makeup.

8. What is the symbol of HIV-positive people?

- a) Blue ribbon
- b) Yellow ribbon
- c) White ribbon
- d) Red ribbon

View Answer

Answer: d

Explanation: The red ribbon is the symbol for solidarity with HIV-positive people and for those who are living with AIDS. HIV and Aids have a great impact on society as an illness and as a source of discrimination.

9. How many clinical staging systems are used to classify HIV and HIV related disease for surveillance purposes?

- a) One
- b) Two
- c) Three
- d) Four

View Answer

Answer: b

Explanation: Two main clinical staging systems are used to classify HIV and HIV related disease for surveillance purpose. Those two clinical staging systems are the WHO disease staging system for HIV infection and disease and the CDC classification system for HIV infection.

10. When did the World Health Organization first proposed a definition for AIDS?

- a) 1956
- b) 1966
- c) 1976
- d) 1986

[View Answer](#)

Answer: d

Explanation: The World Health Organization first proposed a definition for AIDS in 1986. After that, the WHO classification has been updated and expanded several times, with the most recent version which published in 2007.